

# EVERYTHING CHANGES

## Focusing on Identities, Social Responsibility, and Diversity



“Learning about the differences and changes around us helps children express a positive regard and respect for self, others, and property. Learning and understanding that all persons have value, and to accept and welcome changes and differences in oneself and the world around them is crucial to social and emotional development” (*Let's Play!* 2019).

## CREATE THE ENVIRONMENT

### Sharing the wonders of nature outdoors

“Ask your child to find one thing that has stayed the same, and something else that has changed since you last walked in that area” (*Let's Play!* 2019). Talk about the flowers,



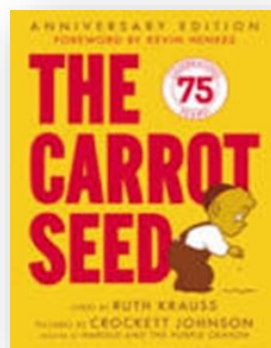
buds, colours, birds and leaves on the ground or on the trees.



Take a basket and collect nature's treasures of acorns, rocks, twigs and leaves from the ground. Cut the herbs and talk about the smells, textures and taste. How long will they be there to pick? Talk about the seasonal changes. What do the plants need to grow?

## ACTIVITY

**Plant carrots and watch the changes in growth.**



**The Carrot Seed**  
by Ruth Krauss

[https://www.youtube.com/watch?v=zsv\\_vlmOr8](https://www.youtube.com/watch?v=zsv_vlmOr8)

## You will need:

A recycled plastic tray with clear lid, dirt, carrot seeds, and shovel or spoons



1. When the weather is warm transfer the seedlings outside, and talk about patience, care of the seeds, and how they are changing over time.

2. How does this make you feel as it changes? Excited? Frustrated with the time?

3. Draw pictures on paper to show the growth over time.

4. Enjoy harvest time!



## BOOKS

### little tree



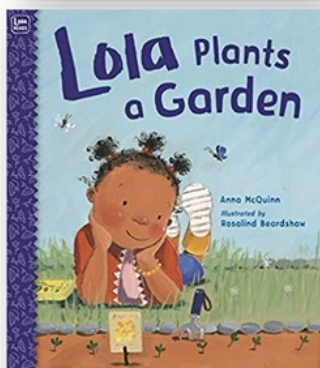
loren long

### Little tree

By Loren Long

“Change is a good thing. New beginnings are exciting. Letting go is the only way we can move forward.”

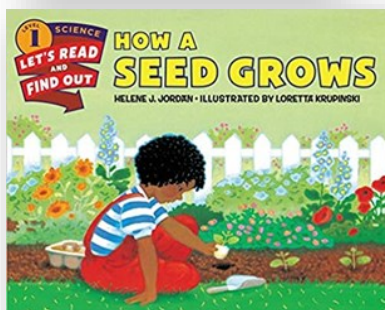
<https://www.youtube.com/watch?v=HSrSmN1vtnI>



### Lola Plants a Garden

by Anno McQuinn and Rosolind Beardshaw

<https://www.youtube.com/watch?v=JABc22rJ4u8>



### How a Seed Grows

by Helene J. Jordan and Loretta Krupinski

<https://www.youtube.com/watch?v=VYw08RtqiC0>

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# SONGS

## Planting Flowers

(Sung to Fere Jacques)

Planting flowers, planting flowers,  
(pretend to plant flowers into the ground)  
In the ground, in the ground,  
Water them and they will grow,  
(pretend to water plants with a watering can)  
Water them and they will grow,  
All around, all around.



## See the Sunflowers

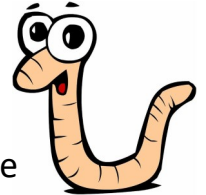
(Sung to: Down by the Station)

Out in the garden, early in the springtime,  
See the little sunflowers standing in a row.  
See the happy farmer giving them some water,  
Slurp, slurp, slurp, slurp, weed and hoe!  
Out in the garden, later in the summer,  
See the giant sunflowers standing in a row.  
See the happy farmer giving them some water,  
Slurp, slurp, slurp, slurp, watch them grow!

## Wiggly Woo Poem

There's a worm at the bottom of my garden,  
And his name is Wiggly Woo.  
There's a worm at the bottom of my garden,  
And all that he can do is ...

Wiggle all day  
And wiggle all night.  
The neighbours say he's a terrible  
FRIGHT!

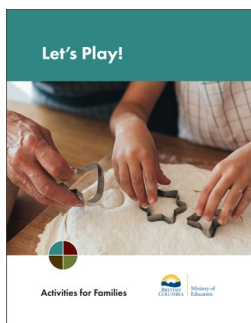


There's a worm at the bottom of my garden,  
And his name is Wiggly Woo.

## Five Little Raindrops Poem

One little raindrop in the dark, dark sky  
Two little raindrops watch the cloud roll by  
Three little raindrops go splat, splat, splat!  
Four little raindrops,  
we'll need boots for that!  
Five little raindrops and still no sun?  
That's too much for us, we better run!

# REFERENCE



BC Ministry of Education (2019), *Let's Play! Activities for Families*  
<https://www2.gov.bc.ca/assets/gov/education/early-learning/teach/earlylearning/lets-play-activities-for-families.pdf>



We respectfully acknowledge that the land on which we gather is the unceded, traditional, and ancestral territory of the Coast Salish Peoples, including the territories of the x̣m̄m̄θkw̄ȳəm (Musqueam), Skwxwú7mesh (Squamish), and Səl̓ílw̓t̓aʔ/Selilwitulh (Tseilil-waututh) Nations.

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